

Richard Roy was born and raised in Sparta, New Jersey. At 19 he became a professional boxer and was a sparring partner with Muhammad Ali who attended his first professional boxing match. At 22 he retired from boxing and moved to NYC to pursue his career as an actor. Throughout his acting career he appeared in every New York soap opera, mostly as a bartender on *Guiding Light*, as well as the roles of Hal in *Picnic* and Leartes in *Hamlet*. After years of being in theatre, Richard developed an insatiable appetite for writing.